**Solutions and Concentration**

You will find that many of the activities suggested throughout this book make use of solutions. It was mentioned earlier that solutions are mixtures. They consist of a **solvent** (a liquid, such as water) and one or more **solute** (substances that are dissolved in the solvent.) The dissolving of a solute in a solvent is a physical change. However, chemical reactions often occur between substances that are in solution. These chemical changes can depend on the amount of substances—that is, their concentrations—in the solution.

A dilute solution is one that contains a relatively small amount of the solute in a given volume of solvent. Tap water is an example of a dilute solution; it contains very small quantities of dissolved minerals. A concentrated solution contains a relatively large amount of the solute in the same volume of solvent. Most commercial acids are concentrated solutions. For example, commercial hydrochloric acid (HCl) and sulfuric acid (H₂SO₄) are concentrated solutions.

You will often hear a solution referred to as **dilute** or **concentrated**. A dilute solution is one that contains a relatively small amount of the solute in a given volume of solvent. Tap water is an example of a dilute solution; it contains very small quantities of dissolved minerals. A concentrated solution contains a relatively large amount of the solute in the same volume of solvent. Most commercial acids are concentrated solutions. For example, commercial hydrochloric acid (HCl) and sulfuric acid (H₂SO₄) are concentrated solutions.

**Application**

Stomach acid is a dilute solution of hydrochloric acid. The acid aids in digesting the protein in foods. Anyone with an ulcer can attest to the problems that this dilute acid solution can cause!

Examples of dilute and concentrated solutions are depicted in Figure 3.6. A dilute solution (a) contains a smaller amount of solute than does a concentrated solution (b). Moreover, a dilute solution contains more solvent than an equal volume of concentrated solution does.
For many solutions, there is a limit to the amount of solute that can be dissolved in the solvent. A solution in which no more solute will dissolve is called a saturated solution. When you add a lot of sugar to your ice tea, not all the sugar will dissolve, and your solution (of sugar in tea) is saturated. Under certain conditions, you can get an excess amount of solute to dissolve; that is, you can get more than the amount that is expected to dissolve in a saturated solution. A solution that contains an excess of dissolved solute is called supersaturated. Actually, a supersaturated solution is unstable and some solute will crystallize if the solution is disturbed. For example, adding a small crystal of the solute can start the crystallization. You may have noticed this phenomenon in a jar of honey. After the honey jar has been sitting for a long time, you might see solid sugar crystallizing.
Volume percent is often used to express the concentration of a liquid solute in a liquid solvent. The volume percent is equal to the volume of the solvent divided by the total volume of the solution and multiplied by 100 to get a percentage.

$$\text{volume percent} = \frac{\text{volume of solute}}{\text{total volume of solution}} \times 100$$

For example, a 1% sodium chloride solution in water contains 1 gram of sodium chloride (NaCl) in a total of 100 grams of solution. The amount of water is 99 grams, the difference between the total weight (100 grams) and the weight of the solute (1 gram).

**Try This**

**Application**
Some commercial hand warmers make use of a supersaturated solution of sodium acetate. A pouch containing sodium acetate and water is heated in boiling water or in a microwave oven to make the solution supersaturated. The supersaturated solution is allowed to cool and can be stored at room temperature. Flexing a small metal disk within the pouch sets up a shock wave that disturbs the supersaturated solution, causing the excess solute to crystallize. Heat released as the solid forms may be used to warm your hands in cold weather.

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Common rubbing alcohol is a 70% solution of rubbing alcohol (isopropyl alcohol) in water; that is, it contains 70 mL of isopropyl alcohol in 100 mL of total solution.

**Application**

The alcohol content of alcoholic beverages (vodka, gin, wines, whiskeys) is given in **proof**. The concentration of alcohol expressed in “proof” is double the volume percent. For example, a wine that is 12% alcohol by volume is 24 proof. Don’t be fooled by this unit of proof. It does not mean you are getting more alcohol for your money!

**FwC Activity**

When preparing solutions, you might notice that the volume of the final solution is often less than the sum of the volumes of the original components; that is, the volumes are not additive! This phenomenon is explored in “Nonadditive Volumes” in *Fun with Chemistry*, Volume 2, p. 181.

**Parts Per Million**

Many environmental samples contain trace amounts of solute impurities and the concentration of these impurities are reported in **parts per million (ppm)**. Parts per million means the number of milligrams of substance dissolved in 1 liter of water. One ppm is the same as a penny in 1 million cents. The EPA recommended limit of lead in tap water is 0.015 ppm.